

## ADHD

ADD and ADHD are common brain based disorders. CDC in the states believes as many as 11% of children 4-17 y/o have it. It's a medical condition much like asthma, diabetes in that it frequently needs to be treated with medication.

### Does my child have ADHD

If you are coming to Mahogany Medical to see one of our pediatricians for ADD or ADHD. Your child's behavior has likely been brought up to you by their care taker at daycare, pre-school or their teacher. Or, you may have questions/concerns about your child's hyperactivity or inattention.

### Clinic visit

We ask that prior to your clinic visit, either in person or over the phone you have all your child's reports cards, letters from the school available.

We also ask that both parents, other care providers, and teachers complete the SNAP-IV questionnaire ([SNAP IV](#)). The questionnaire allows us to get a perspective of your child's hyperactivity and inattention at home, day-care, school.

On the day of the clinic visit we will review your child's; developmental history, social interaction with other children, any behavioral concerns. We will review their behavior at school and at home. Review the SNAP IV questioners. Finally after reviewing everything we will be able to come to a conclusion if your child has ADD or ADHD.

## Treatment Options

ADHD is frequently treated with stimulant medications. These medications are newer formulations that allow the effects of the medication to be present throughout the day and slowly dissipate in the evening. The medication has to be given first thing in the morning, daily. The most common side effects are appetite suppression and difficulty falling asleep. These effects are usually not noticed unless on a higher doses. We start on the smallest dose and titrate up until the desired effects are noted, which would be an improvement in inattention or hyperactivity.

[ADHD Medication Chart](#)



## ADHD resources

[Compass BC Toolkit](#)

[Kelty Mental Health](#)

[Canadian ADHD Resource Alliance](#)

[Centre for ADHD Awareness Canada](#)

[Rolling with ADHD](#)



## Mahogany Medical

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